

WHAT TO EXPECT WITH YOUR NEW RESCUE DOG

The 3-3-3 rule is a guideline for understanding how rescue dogs may behave during their adjustment period in their new home.

First 3 days: During the initial 3 days, the dog might be stressed, anxious, and overwhelmed as they adapt to their new environment. It's crucial to provide a calm and quiet space, establish routines, and give the dog time to decompress without overwhelming them with too much attention or activity.

First 3 weeks: In the next phase, which spans the first 3 weeks, the dog might start to show more of their personality. They could exhibit behaviours such as fearfulness, separation anxiety, or testing boundaries. It's important for the adopter to be patient, consistent, and slowly introduce training and socialization to help the dog build trust and confidence.

First 3 months: Moving into the first 3 months, the dog is likely settling into a routine and becoming more comfortable in their new home. They may still have moments of insecurity or exhibit behavioural issues that require ongoing training and support. This period is crucial for strengthening the bond between the dog and their new family.

Overall, patience, consistency, and understanding are vital throughout each stage of the 3-3-3 rule. It's essential to give the rescue dog time to adjust and to provide a stable, loving environment to help them thrive in their new home.

Created By
Jessica Greenwell
CPDT-KA, SDC 2024



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